# 大学英语演讲感恩5篇范文

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**大学英语演讲感恩(1)**

Good afternoon everyone.

when my older son was diagnosed with attention deficit hyperactivity
disorder, my first reaction was relief - i finally knew the reason for his
behavior. however, i was also overwhelmed with sadness, fear and anger. i felt
sorry for my son and for myself. like many others in similar circumstances, my
question to god was

through the grace of god, i am now able to focus on my gratitude. i believe
god chose me to raise my son because he knew that i would

give him the best i have. he will teach me to love and understand him for
who he is. i am grateful that i have my son, and grateful that god chose me to
be his mother.

there is power and healing in gratitude.

how can gratitude help us in our everyday lives as moms? think about the
difference you can make in your family’s life just by noticing and being
thankful for all the great things they do. when you express gratitude, you show
your love and appreciation. everyone needs to feel these things every day.
sometimes as moms we feel that no one appreciates us - and it is true that moms
are usually last on the

list to be thanked. one way you can teach gratitude is by example. even on
the days when it seems your children or husband are doing everything wrong, find
a reason to thank them. take the time and energy to look for the good. think
about the things that your family does that deserve a “thank you.” you might say
to your husband, “thank you for working so hard for our family,

“i really appreciate your sense of humor - it feels good to laugh.”
expressing your gratitude helps family members to understand how it feels to be
appreciated. and if they still don’t catch on, let them know when you feel
unappreciated. you can also tell them how great it makes you feel when they do
express gratitude.

gratitude is a wonderful motivator when you need cooperation. when
enlisting the help of my two year old, i praise him often and with enthusiasm. i
let him know that he is a great helper. i know i am teaching him appreciation
because he expresses it to me. the other day i brought a bunch of multi-colored
roses home. for five days, at least once or twice a day, my son thanked me for
the flowers.

sometimes we get so busy and caught up in daily life that we forget to be
grateful. we expect everyone to do their share without being asked. the only
time anyone hears anything is when a chore has not

been completed. this attitude, over the long haul, will develop very
resentful and uncooperative family members.

when life is good, gratitude is easy. it becomes more challenging to be
grateful when we are experiencing hard times. financial hardship, long-term
illness, the death of a loved one and marital strife can all be trying and
difficult. it is hard to find anything to be

grateful for. but while pain is inevitable, suffering is optional. we have
a choice in how we view our circumstances. we can turn our

hearts to god and trust that he has a plan for us. we can be thankful for
the lessons we learn and the opportunities for personal growth and
transformation. look at all the people in this world who share the gifts they
received during especially difficult times of their life. it is the painful
times of my life that have made me stronger, wiser, and more loving today.

i recently attended a powerful seminar on the various levels of energy that
a human being emanates. the presenter identified seven different levels of
energy. the first level of energy is defined by feelings of apathy and thoughts
of victimization. a person at a level two energy has feelings of anger and
thoughts of conflict. as a person moves up the energy scale, their feelings and
thoughts are

more positive. at level seven, one would experience unconditional love and
no judgmental thoughts. only god radiates at level seven. the average person
emits energy at a level of 2.5. to experience

peace and joy, an in- pidual must raise his energy level to 5 or 6.

so how can we raise our energy level and open our heart to joy? one
powerful way is to develop an attitude of gratitude. look at every- one with
grateful eyes. listen to your heart and the heart of your loved ones. speak
words of affirmation every day of your life. be grateful for your life with all
its lessons and blessings. the more grateful thoughts and feelings you
experience and express the more instrumental you will be in healing the world.
and your outlook on life will improve in the process.

**大学英语演讲感恩(2)**

Good afternoon everyone. Thanksgiving is the fulcrum of learning, is a
wonderful feeling, is grateful to everyone and everything in the world for all
their help. Thanksgiving is a fine tradition of our nation, is a person of
integrity at least moral character.

Thanksgiving is the key to return. Return is the feeding, training,
instruction, guidance, help, support oneself, be grateful, and through its own
10 times, 100 times the pay, and repay them with practical action.

Then, as a student, how to practise Thanksgiving?

First of all ,we should thank our parents. Everyone\'s life is a

continuation of the blood of the parents, the parents give us love, let us
enjoy affection and happiness, therefore, we would like to thank our
parents.

Secondly, we should thank nature. Nature is the basis for all living. The
life activity of human cannot do without it, our basic necessities of life are
derived from nature, therefore, we should be thankful to nature.

Thirdly, we should thank our teachers. Teachers are the leaders of our
growth, are our friends. The teachers respect, understand and care for us, teach
by precept and example, let us benefit for life. The teacher paid with

blood and sweat for us, we should be grateful for the teacher.

Fourthly, we should thank our fellows. Students are our fellows. The
students encourage each other, help each other, overcome difficulties and
setbacks, share success and happiness of learning. We should be grateful for the
students we accompanied every day.

Fifthly, we should thank our school. The school provides a good study
environment for us. School is the place that we exercise, a stage to display our
talent, we should be thankful to schools.

Lastly, we should thank our motherland .The motherland is our roots, our
source. No homeland, we do not have the habitat ;no motherland, we will be no
human dignity; no homeland, we have not all! We should be thankful to our
motherland.

**大学英语演讲感恩(3)**

Good afternoon everyone.

dear students, our way of life is always sunny, blue skies, which in the
end the most dazzling ray of sunlight? it was said to be excellent academic
performance, it was said to be given to help others …and i think that our way of
life of the most brilliant sunshine should be reported to belong to the temple
map, help us to grow thanks to everyone. yes, the institute of thanksgiving is a
feeling, the institute of thanksgiving, but also a character.

as teachers and our students, the most important gratitude is a school.
schools to give us a big growth stage of life: bright and spacious classrooms,
new desks and chairs, air-conditioned and well-being, as well as multi-media
facilities, has provided us with an attractive learning environment. read one
book bright and clean rooms, provides us with knowledge of the marine tour; flat
beautiful big playground, provided us with a good place for the exercise, and
pottery room, computer room, dance room, multi-purpose hall, and so on, no
school is not out of devotion to our selfless love!

however, in these beautiful places, often with some notes of discord. read
books in one room, some students read the book, abandonment, i do not know the
original release, there is more tear, using the phenomenon of the book; when the
red and green and white artificial big playground to open it selfless embrace,
and some of the scenes of discord hurt our eyes: a wide range of confetti,
colorful tang zhi, and scattered in all corners of the shell seeds, chewing gum,
etc. the list goes on of these!

students, please put your hand on his chest ask ourselves: “i do a
thanksgiving school?

students, let us now work together, with their good health habits to school
thanksgiving, thanksgiving, so that the flowers on campus and open more
beautiful.

think about the things that your family does that deserve a “thank you.”
you might say to your husband, “thank you for working so hard for our family,
or, to your child, “i really appreciate your sense of humor - it feels good to
laugh.” expressing your gratitude helps family members to understand how it
feels to be appreciated.

and if they still don’t catch on, let them know when you feel
unappreciated.you can also tell them how great it makes you feel when they do
express gratitude.gratitude is a wonderful motivator when you need
cooperation.when enlisting the help of my two year old, i praise him often and
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be grateful.

we expect everyone to do their share without being asked.the only time
anyone hears anything is when a chore has not been completed.

**大学英语演讲感恩(4)**

Dear teachers, dear students, hello everyone!

In our real life, everyone will have a successful experience, there are
also encountered the bitter failure, success, a brilliant smile on his face;
Encountered setbacks, some defeat, have a plenty of efforts to forge ahead, to
meet difficulties. For our students, how should we face the success and failure
of study and life?

This leads to the theme I want to talk about today - \" victory is not
arrogant defeat not lose heart\". The ancients once said, \" the winner is not
proud, the loser is not discouraged. \" speak is this truth, when you after their
own efforts to succeed, must not be complacent, proud of the world, defiant, but
should summarize the successful experience, make persistent efforts, to higher
and better goals and strive for; When you encounter setbacks and failures, never
lose heart, broken pot broken fall, but should carefully check what you do, to
find out the reason, constantly sum up, will be from a failure to success.
Failure is not terrible, terrible is that we can\'t realize their own
shortcomings.

We often say that \" failure is the mother of success\", is on the road to
success, failure is sometimes inevitable, the great inventor Edison is not after
countless failures to success? After countless failures - success, in failure in
success, finally invented the electric light. Edison is such, the Athens Olympic
champion Liu Xiang is the same, he is also after countless failures to achieve
such a remarkable record, achieved the Asian sprint gold medal zero
breakthrough, for the Chinese people for the light, also for the Asian people
for the light! But to learn from failure, learn from successful people, from the
psychological understanding of failure is temporary, as long as you can adjust
the state of mind, find out the problem, in addition to their hard work, you
will be able to achieve their satisfactory results.

We have just had the mid-term exam, because each student\'s foundation is
not the same, some students through their own efforts to achieve excellent
results, and some students feel their grades are not ideal, did not reach their
goals. So there are two kinds of mentality of students. Good examination with
the society rejoiced, but not proud, but also to continue to move forward; Test
temporarily irrational students don\'t pessimistic disappointment, leak to fill a
vacancy, will eventually achieve excellent results. What I want to tell you is
that the test is just a means of testing, through which you reflect the degree
of knowledge you have learned since the beginning of the school, the level of
scores can only represent the past, not represent the future. As long as you can
analyze the reasons for your failure from the exam, summed up their
shortcomings, I believe that in the future test you will be in the top.

thank you.

**大学英语演讲感恩(5)**

White clouds floating gently in the air, changing the moving picture, it is
white clouds thanksgiving feeding its blue sky; Fallen leaves from the branches
rustling down, write a song touching movement, that is the tree grateful to
nourish its earth,

Student\'s speech on thanksgiving.

Mountains are grateful to the soil, can become its magnificent; Only when
the sea is grateful to the stream can it be broad. The lamb is still know the
grace of kneeling milk, crow and feedback of righteousness, as a primate of all
things, we should always bear a grateful heart. Because only thanksgiving, the
world will be rich and colorful; Only thanksgiving, between people will be full
of warmth; Only by being grateful can we realize the true meaning of life.

When I was a child, I had heard grandma say: parents have three kindness to
us, \" the pain of my life, my pain, my love\". How much effort did they devote to
me from my \" quack\" landing to adulthood. Parents love me, I also love them, I
will always with gratitude, repay the heart, thank them for giving me life, gave
me everything.

One day for the teacher, lifetime for the father. Dear teacher, is you give
me knowledge, teach me to be. I want to thank the teacher, with your teachings,
my life will be full of sunshine on the road.

I want to thank my friends, on the road of life, we have laughed together,
cried together, walked together, with your company, I no longer feel lonely,
lonely.

Gratitude is gratitude, is \" people respect me a foot, I respect people a
zhangs\" magnanimous, is \" vote for me to peach, to lee\" broad - minded. \" drop
of water, when Yongquan quote. \" a person don\'t know gratitude, the heart will
become empty; A heart without moving, the soul will tend to pale.

However, some people in today\'s society! Since came to the world, much
parents care, teachers love, they have no contribution to the society, but
complaints, complain unceasingly, feel affection such as fresh water, see
kindness such as dirt, only ask for, don\'t understand the return. How poor are
these people\'s heart!

With gratitude, we will always think of those who are kind to us without
saying anything in return. With gratitude, we can reach out to those in trouble
in love.

\" teach rose, hand leave lingering fragrance\", learn to be grateful, know
the return, we will harvest more happiness.

Wearing a brilliant, heart is a persistent, foot \" gratitude\" this piece of
pure land, with the heart of gratitude on the road, you and I will step out of
the scenery all the way, ushered in a better tomorrow!

thank you.

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